



## ICEA Approved Trainer Application

Name: \_\_\_\_\_

Street: \_\_\_\_\_

City: \_\_\_\_\_ State/Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Country: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Business name: \_\_\_\_\_ Web site: \_\_\_\_\_

I am applying to be a trainer for:

Program	Year of original certification
Childbirth Educator Program	
Birth Doula Program	
Postpartum Doula Program	

I have completed the following educational requirements for IAT status:

- \_\_\_\_\_ Date \_\_\_\_\_ I am a Certified ICEA Professional for 3+ years.
- \_\_\_\_\_ Attended an ICEA Workshop like the ones I want to teach.
- \_\_\_\_\_ 8-12 hours training in breastfeeding (that meet BFHI requirements).
- \_\_\_\_\_ 4 hours of maternal mental health training.
- \_\_\_\_\_ 4 hours Cultural Awareness training
- \_\_\_\_\_ Attendance at the ICEA Conference in the last three years.



**STEP 1:**

Submit the following:

1. Submit the following:

- This application form:
  - Include all details of how you have completed the requirements listed above (i.e., workshop details, conference you attended, etc.).
- Resumé or CV (including professional and personal references)
- Payment of \$100 non-refundable application fee. If you become an IAT, this \$100 will be put towards from your first three-year contract (\$450 USD fee, lowering the fee to \$350 USD).

**STEP 2:** Interview with the President, President-elect, and possibly one other member of the IAT Committee.

**STEP 3:** Upon completion of Step 2, the ICEA office will send you details of what curriculum details are required to be submitted.

**STEP 4:** Once your curriculum has been reviewed and approved you will be sent a contract to be signed. Return the signed contract with the appropriate fee.

*Please know that we are here to answer questions at any time. We want to support you as a trainer, just as we want to ensure excellence in all ICEA programs. Thank you for your part in promoting the mission and philosophy of ICEA!*

**Below you will find the template to use for submitting your curriculum. A sample is also provided.**

Name of IAT: \_\_\_\_\_

Date: \_\_\_\_\_ Name of Workshop: \_\_\_\_\_

**ICEA Workshop Curriculum Worksheet**

Objectives	Content	Time	Methods

More rows can be added by continuing to tab through the table.

Please tally the total number of hours/minutes on each page.

The total number of hours for each workshop must include 16 hours. This does NOT include break times. For instance, an 8 hour day would be 8:00am – 5:30pm with a 15 minute break in the morning, a 15 minute break in the afternoon, and one hour for lunch.

Please make sure that your objectives are written using the SMART format.

***THIS CONTENT IS PROVIDED AS AN EXAMPLE ONLY. DO NOT COPY.***

<b>Objectives</b>	<b>Content</b>	<b>Time</b>	<b>Presenter</b>	<b>Methods</b>
1. List at least three principles of family-centered maternity care (FCMC).	<ul style="list-style-type: none"> <li>• Welcome</li> <li>• Professional organizations that have statements about FCMC or patient-centered care</li> <li>• Summarize the common points of those professional statements</li> </ul>	35	**	PPT with discussion Q/A
2. Identify three domains of learning	<ul style="list-style-type: none"> <li>• Left brain/right brain thinking</li> <li>• Visual, auditory, kinesthetic learners</li> <li>• Strategies for each teaching within each domain</li> </ul>	20	**	PPT with discussion Q/A
3. Demonstrate at least one way to use each of the selected props to support childbirth class presentations	<ul style="list-style-type: none"> <li>• Individual and group activities</li> <li>• Use of model of pelvis/placenta with infant doll demonstrating labor progress</li> <li>• Use of infant doll and breastfeeding positions</li> </ul>	40	**	Demonstration/ return demonstration plastic pelvis, infant doll, placenta/amnion/chorion
4. Demonstrate at least two ways to teach decision-making skills	<ul style="list-style-type: none"> <li>• Case studies</li> <li>• Evaluate options</li> <li>• Discuss choices</li> </ul>	30	**	Decision-making card game
5. Create a learning objective using SMART guidelines.	<ul style="list-style-type: none"> <li>• S – specific</li> <li>• M – measurable</li> <li>• A – achievable</li> <li>• R – relevant</li> <li>• T – time-bound</li> </ul>	20	**	PPT and discussion small group activity writing objectives
<b>TOTAL MINUTES THIS PAGE</b>		145		