

POST-TEST

ICEA POSITION PAPER: FAMILY-CENTERED MATERNITY CARE

1. *Common themes in family-centered maternity care (FCMC) include*
 - A. Birth is a normal healthy process for most women
 - B. Education should reflect evidence-based knowledge
 - C. Mothers and babies should stay together
 - D. All of the above

2. *Pregnancy is acknowledged as a healthy life event rather than a condition that must be treated. This attitude will convey _____*
 - A. The healthcare provider is in charge
 - B. Support and encouragement
 - C. The need for close supervision of the pregnant woman
 - D. The importance of prenatal care

3. _____ *are the primary caregivers of children.*
 - A. Physicians
 - B. Parents
 - C. Midwives
 - D. Teachers

4. *Open communication is necessary*
 - A. To ensure expectant mother's birth plan is followed.
 - B. To prevent unnecessary procedures.
 - C. To advise the healthcare team of the woman's condition.
 - D. To provide the highest quality care.

5. *Relational competency includes*
 - A. Communicating facts
 - B. Communicating preferences
 - C. Sensitivity and compassion
 - D. Evidence-based practices

6. *The goal of FCMC is to build the confidence of new parents by*
 - A. Giving excellent healthcare.
 - B. Moving the baby from the inside to the outside.
 - C. Supporting and encouraging them.
 - D. Healthcare professionals performing parental tasks.

7. *Knowledge is*
 - A. Necessary to be a wise decision-maker.
 - B. Letting the healthcare provider make the decisions.
 - C. Following the most common practice.
 - D. Not necessarily based on research.

8. *In the atmosphere of FCMC*
 - A. Reflects collaboration with healthcare providers
 - B. Includes uninterrupted skin-to-skin contact and breastfeeding immediately after birth
 - C. Parents can refuse routine procedures that are not evidence based.
 - D. All of the above.

9. *Families who participate in FCMC*
 - A. Will experience greater satisfaction with their birth experience
 - B. Will have a healthy baby
 - C. Will have a quick delivery
 - D. Will have to make decisions all on their own.

10. *Significant transitions occur during the childbearing year. This includes:*
 - A. Changing the size of your family
 - B. Physical, social, and emotional adaptations
 - C. Developing a relationship with your healthcare provider.
 - D. Finding a bigger house.

Name _____