

POST-TEST

ICEA POSITION PAPER: PHYSIOLOGIC BIRTH

1. *While the use of technology in maternity care world-wide increases, maternal/infant morbidity/mortality rates _____ significant improvements.*
 - a. have shown
 - b. are likely to show
 - c. are likely to not show
 - d. have not shown

2. *The World Health Organization (WHO) defines physiologic birth as all of the following except*
 - a. spontaneous in onset.
 - b. low-risk at the start of labor.
 - c. safest in the medical setting.
 - d. remaining low risk through labor and delivery.

3. *The World Health Organization (WHO) further states that with physiologic birth the infant is born spontaneously in the vertex position between _____ weeks of pregnancy.*
 - a. 37 and 42 completed
 - b. 39 and 40
 - c. 37 and 40 completed
 - d. 40 and 41 completed

4. *For most women, physiologic birth is an achievable outcome of pregnancy.*
 - a. True
 - b. False

5. *A woman's confidence, autonomy, and personal knowledge may be directly influenced by the _____ she has prior to birth.*
 - a. passion
 - b. education
 - c. personal connections
 - d. community status

6. *Intervening in a normal physiologic birth, where there are no complications, _____ the risk of complications to the mother and baby.*
 - a. decreases
 - b. makes no difference in
 - c. increases
 - D. predicts

7. *Physiologic birth is evidence-based and _____ care for mothers and babies.*
 - a. necessary
 - b. optimal
 - c. legislated
 - d. anecdotal

8. _____ *must be at the forefront of a birth educator's presentation of physiologic birth.*
- a. Policies
 - b. Legislation
 - c. Informed decision making
 - d. Consistent procedures
9. A _____ *between the laboring mother and her care providers places the client at the center of physiologic birth care.*
- a. collaborative effort
 - b. managed strategic effort
 - c. prepared directive
 - d. benevolent understanding
10. *Keeping policies, procedures and practice guidelines _____ and evidence-based promotes physiologic birth.*
- a. facility consistent
 - b. practical
 - c. readily available
 - d. updated

Name _____