

POST-TEST

ICEA POSITION PAPER: INFANT FEEDING

1. *Breastfeeding is recommended by*
 - a. IBM
 - b. LMN
 - c. WHO
 - d. BAC

2. *The Healthy People Children 2020 goals*
 - a. Set goals for increasing the rates of formula feeding
 - b. Do not discuss employers
 - c. Do not reflect an increased breastfeeding rate
 - d. Reflect a reduction of newborns receiving supplemental formula

3. *The American Academy of Pediatrics' statement on breastfeeding is titled Breastfeeding and the Use of Human Milk*
 - e. True
 - f. False

4. *Infant outcomes related to breastfeeding include*
 - a. Lower risk of pneumonia
 - b. Higher risk of SIDS
 - c. Lower risk of impetigo
 - d. Higher rates of colic

5. *Breastfeeding reduces*
 - a. The risk of maternal obesity
 - b. Risk of breast and ovarian cancer
 - c. Maternal appetite
 - d. Maternal sleep requirements

6. *Breastfeeding can reduce the risk of maternal cardio-vascular disease*
 - a. True
 - b. False

7. *Breastfeeding may be permitted in developing countries*
 - a. True
 - b. False

8. *Practices which support successful breastfeeding include*
 - a. Separation of mother and baby
 - b. Not providing breastfeeding information
 - c. Not permitting a support person for labor
 - d. Initiating immediate skin to skin care

9. *A common reason for early termination of breastfeeding*
 - a. Perception of low milk supply
 - b. Early initiation of breastfeeding
 - c. Non-separation of mother and baby
 - d. Strong family and community support

10. *The WHO and HMBANA recommend donor milk if the mother is unable to provide her milk for her infant*
 - a. True
 - b. False

Name _____