

POST-TEST

ICEA POSITION PAPER: EDUCATION OF PREGNANT FAMILIES ON HARMFUL ENVIRONMENTAL SUBSTANCES

1. The World Health Organization states as many as _____ million deaths can be prevented every year by making our environment healthier.
 - a. 500
 - b. 100,000
 - c. 20 million
 - d. 13 million

2. The American College of Obstetricians and Gynecologists and the American Society for Reproductive Medicine released a joint statement that recommended:
 - a. All women stop using plastics
 - b. All pregnant women to receive information on avoiding toxic chemicals.
 - c. Doctors and midwives develop patient education on toxic chemicals
 - d. Childbirth educators discuss toxic chemicals in prenatal classes

3. Consequences of exposures to these harmful chemicals with particular focus on pregnancy include:
 - a. Heart palpitations
 - b. Visual disturbances
 - c. Chromosomal damage
 - d. Rashes

4. These chemicals can be categorized into the following categories:
 - a. personal care products
 - b. food additives
 - c. household cleaning products
 - d. lawn care chemicals
 - e. plastics
 - f. all of the above

5. Ingredients in personal care products “of concern” are:
 - a. parabens
 - b. phthalates
 - c. fragrances
 - d. all of the above

6. Preservatives and dyes in foods are of concern
 - a. True
 - b. False

7. Advice on safer alternatives can be offered through:
 - a. Word of mouth
 - b. Talking to other mothers
 - c. EWG.org
 - d. ACSMV.org

8. Exposures to herbicides and pesticides occur through:
 - a. Drinking water
 - b. Lawn treatments
 - c. Foods
 - d. b and c

9. Glycerin and castile soaps are safer alternatives for personal care
 - a. True
 - b. False

10. The Agency for Toxic Substances and Disease Registry is found on the web site of:
 - a. NIH
 - b. DHHS
 - c. CDC
 - d. EPA

Contact Information

Name _____

Address _____

City _____ State/Province _____ Zip/Postal Code _____

Country _____ Email _____

Payment Information

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Please Remit to:

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