



POST-TEST

ICEA POSITION PAPER: THE ROLE OF THE CHILDBIRTH EDUCATOR AND THE SCOPE OF CHILDBIRTH EDUCATION

1. *The childbirth educator focuses on:*
 - A) health promotion
 - B) knowledge of informed consent
 - C) risk reduction
 - D) use of self-care techniques
 - E) all of the above

2. *ICEA believes that a childbirth educator is one who:*
 - A) functions as an advocate who supports and protects the natural process of birth
 - B) tries to promote women to have unmedicated childbirths
 - C) promotes mother-, baby- and family-centered care
 - D) a and c
 - E) all of the above

3. *The role of the childbirth educator is to act as:*
 - A) a facilitator
 - B) a communications link between members of the health care circle
 - C) an advocate for pregnant women
 - D) all of the above
 - E) a and c

4. *The steps in developing the learner-centered curriculum are: 1. establish goals and objectives, 2. determine content and teaching strategies, 3. assess the needs of the learner, 4. implement and evaluate. The correct order of the steps is:*
 - A) 3, 1, 2, 4
 - B) 2, 3, 4, 1
 - C) 1, 2, 3, 4
 - D) none of the above

5. *ICEA's position is that preparation for birth is best accomplished in serial, providing a minimum of ---- class hours divided among a minimum of _____ classes for first-time expectant parents.*
- A) nine hours and three classes
 - B) twelve hours and six classes
 - C) twelve hours and four classes
 - D) ten hours and five classes
6. *Class size should be limited to _____ expectant mothers and their support persons.*
- A) six to eight
 - B) four to ten
 - C) five to twelve
 - D) six to ten
7. *Content for classes should not necessarily include:*
- A) natural physiological and psychological patterns of pregnancy
 - B) maternal and infant nutrition
 - C) birth control
 - D) common medical interventions
8. *Women have within them the inherent wisdom necessary for birth.*
- A) true
 - B) false
9. *Demonstration, return demonstration, practice and review should be provided for:*
- A) relaxation skills
 - B) comfort measures
 - C) conditioning exercises
 - D) all of the above
10. *ICEA encourages government and other agencies to provide third party reimbursement for childbirth education services.*
- A) true
 - B) false

Name _____